

NASHOBA COMMUNITY PARTNERSHIP FOR CHILDREN

Bolton, Lancaster & Stow

NASHOBA NEWS 2021



Dear Nashoba Families,

Do you have ways you have found that help get you and/or your kids into a better frame of mind? One of the most effective ways is to incorporate movement of any kind. Even short spurts, scattered here and there throughout the day, can make a huge difference. That might mean stretches with deep breathing, or some jumping and running games, or blowing up a balloon to hit to each other. But it could also mean going for a walk, especially a walk in nature. There's something about breathing fresh air, feeling the sunshine, listening to the wind blowing through the leaves, and connecting to the beauty around us, that helps clear our minds and brightens our moods. Now that we have the warmth of spring in our favor, it's the perfect time for you and your children to enjoy the healing effects of movement in the beautiful outdoors!

Intentionally making movement a part of our every day can make a tremendous difference in our health and wellbeing, and I know we all want more of that!

Wishing you well,

Liz Garreffi, MS, CCC-SLP

Early Childhood Coordinator/Team Chair

Nashoba Regional School District

If we can be of further help to you please feel free to contact us!

Liz Garreffi egarreffi@nrsd.net

Liz Dumas edumas@nrsd.net

NASHOBA CHILDREN'S DAY *REVERSE PARADE!*

This year's Children's Day Reverse Parade, held on May 1st, was unique and noteworthy! There are so many to thank for contributing to the successful event. Thank you to all the volunteers that helped with planning and executing, as well as the volunteers that showed up in costume! Your positive energy, dance moves, waves, and smiles made the day so fun! Volunteers included community agencies, businesses, parents, highschool students, school staff, and family members. Thank you to all our community partners, agencies, and businesses that donated to our well stocked goodie bags, as well as to our extensive prizes*. We appreciate all that you bring to the table in supporting our strong community connections! Thank you to all the parents and children that attended the Children's Day Reverse Parade! Your smiles, waves, and honks made the spirit of the day one to remember!

*Those that registered to attend were added to the list of potential prize winners. Winners have been drawn and are being contacted.



Parade Fun!



Thank You!

Reverse Parade

Sponsors

Please Support Our Local Partners Who Helped
Make Our Event a Success!

- *Animal Adventures*
- *Bolton Bean*
- *Bolton Orchards*
- *Bolton Police Department*
- *Bolton Fire and EMS*
- *Certain Victory Martial Arts, Marlborough*
- *Child Care Resources*
- *Clinton Savings Bank*
- *Davis Farmland & Mega Maze*
- *DoughLaLa*
- *Florence Sawyer School Parent Advisory Committee (FSS PAC)*
- *Kids-A-Lot, Stow*
- *Mass Audubon*
- *Nashoba Montessori School, Inc.*
- *Nashoba Regional School District:*
 - * *Nutrition Services*
 - * *Preschool Programs*
 - * *Volunteers*
- *Randall Library, Stow*
- *River Terrace, Lancaster*
- *Shaw's Supermarket*
- *Stow Area Parent Network (SAPN)*
- *Thayer Memorial Library, Lancaster*
- *Tom Denny Nature Camp, Bolton*
- *Walmart*

UPCOMING EVENTS AND INFORMATION



STEM is Fun for Kids

STEM IS FUN FOR KIDS (3-6 years old)

Thursday, May 20, 2021 at 11:30 AM

Max of 15 Kids or Families

Presented by Barbara Jorda from STEM Beginnings

Register through Thayer Memorial Library: [Registration Link](#)

Jointly provided by: Thayer Memorial Library and Nashoba Community Partnership for Children

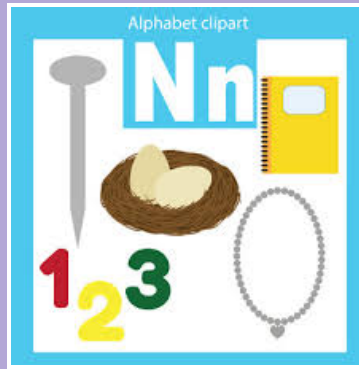
STEM Beginnings provides fun-filled experiences that encourage children's curiosity and learning. Children engage in challenges that allow them to explore Science, Technology, Engineering, and Math concepts using a variety of tools and techniques: from simple experiments and building challenges to art and crafts, and fun games! We offer a wide range of STEM lessons that help children learn new things, discover how things work, and create solutions to problems. We stimulate their minds and empower them to be life-long learners.

Our STEM is Fun for Kids classes will utilize a virtual /online format. These are highly interactive sessions with hands-on activities for children to enjoy.

* Virtual learning via Zoom with STEM instructor

* Synchronous and active learning

* Materials will consist of common household products or those easily accessible at your local dollar stores. Supply list will be communicated with families prior to the class.



**Join Ms. Liz for a FREE Virtual Storytime
Tuesday, May 18th at 10:00 a.m.**

Join Ms. Liz on Tuesday, May 18th at 10:00 am for a fun and engaging virtual story time. The letter sound for the day is “N”. Have your child bring their favorite stuffed animal and an object/toy that begins with the “N” sound for show and tell. We will sing songs, move our bodies, read a picture story book, and enjoy a simple craft activity. To register and receive the meeting link, please email Liz Garreffi at egarreffi@nrsd.net.



FREE VIRTUAL PARENT SUPPORT GROUP

For Parents of Children Birth to Age 8

Facilitated by: Liz Garreffi, MS, CCC-SLP, Early Childhood Coordinator

Our Parent Support Group is in full swing and ongoing! We meet virtually every week on Wednesdays at 1:00 pm. If you are interested in joining the group or have questions about the group, please contact Liz Garreffi, Early Childhood Coordinator, at egarreffi@nrsd.net or by calling 978-779-0539 x3008.

AGES & STAGES QUESTIONNAIRE

The Ages & Stages Questionnaire is offered to families as a free service to help families learn about their child's development from birth through age 5. There is a digital ASQ link available that makes it quick and easy for parents to complete and get results (it should take about 10 minutes or less).

Parents can access the ASQ form for their child using the following link:

<https://www.asqonline.com/family/9c9de9>

If you have any questions about the ASQ, or would like to discuss your child's development, please reach out at any time! (Liz Garreffi, egarreffi@nrsd.net)

Early Literacy Activity Calendar

Calendar filled with fun crafts, activities, math and more!

[DEMCO Calendar Link](#)

Happy Mother's Day

Fun craft ideas to celebrate Mother's Day!

[The Best Ideas for Kids](#)

THAYER MEMORIAL LIBRARY, LANCASTER

Click Here To View: [Ongoing Youth Programming](#)

For more info contact Maren Caulfield at mcaulfield@lancasterma.net.

RANDALL LIBRARY, STOW

Preschool STEAM Story Time

Friday mornings 10:30 am to 11:15 am

Check out ongoing (remote) programming for children: [Randall Library](#)

WORCESTER PUBLIC LIBRARY

[Calendar of Events](#) [Calendar](#)



Department of
Early Education and Care

The Nashoba Community Partnership for children is funded by the C.F.C.E. Grant awarded to the Nashoba Regional School District by the Department of Early Education and Care to serve the families of Bolton, Lancaster & Stow.

Early Childhood Office: Emerson Wing of the Florence Sawyer School ~ 50 Mechanic Street, Bolton MA
Elizabeth Garreffi, MS, CCC-SLP, Early Childhood Coordinator / Team Chair ~ egarreffi@nrds.net ~ 978-779-0539 x3008